

Items Included in Your Collection Kit

FINGERSTICK – WHOLE BLOOD COLLECTION

- 1 – Kit Box
- 1 – Test Request Form (TRF)
- 1 – Blood Collection Vial (Red Top)
- 3 – Lancets (Purple)
- 3 – Alcohol Wipes
- 3 – Bandages

- 1 – Foam Tube Holder
- 1 – Zip Closure Specimen Bag with Absorbent Pad
- 1 – FedEx Clinical Pak Mailer
- 1 – Return Label



If you are missing any of the needed components or have questions about the collection, please call Diagnostic Solutions Laboratory Customer Service Department at 877-485-5336.

SHIPPING INSTRUCTIONS

IMPORTANT: Ship the specimen on the same day or the next calendar day of collection. Do not freeze or chill after collection to prevent hemolysis. Hemolyzed samples or delayed shipment will result in sample rejection.



IgG/IgE EXPLORER PROFILES

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FINGERSTICK - WHOLE BLOOD COLLECTION INSTRUCTIONS | SR1-08102026 | US

Assays developed, and/or the performance characteristics determined, by Diagnostic Solutions Laboratory.



Fingerstick – Whole Blood Collection Instructions for:

IgG Food Explorer™
IgE Allergy Explorer™



NOTE: A minimum of 500 µl whole blood is required for individual and/or combined IgG/IgE testing.



IgG/IgE EXPLORER PROFILES

Call FedEx at 1-800-463-3339 to Schedule Your Free Pickup

1. When the automated greeting begins say, “Schedule a pickup.”
2. Advise Customer Service this is a RETURN SHIPMENT and provide them with the RETURN TRACKING NUMBER which can be found on your return label.
3. The Kit Box can also be dropped off at a FedEx Office or FedEx Drop Box.
4. Mark the box on the FedEx Clinical Pak Mailer stating: ‘Exempt Human Specimen’.



FINGERSTICK – WHOLE BLOOD COLLECTION INSTRUCTIONS

– FOLLOW INSTRUCTIONS CAREFULLY –
IMPROPER COLLECTION MAY INVALIDATE RESULTS
OR RESULT IN A REJECTED SAMPLE

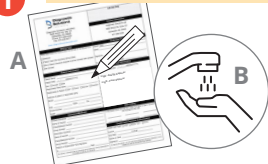
NOTE: Please review all instructions and collection kit components before starting your sample collection. *Sample must be kept at room temperature and shipped on the same day or the next calendar day of collection, Monday to Thursday.*

Tips to Optimize Collection:

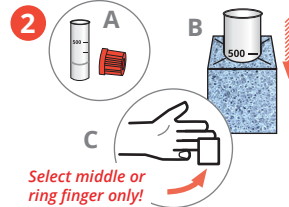
- 1. Be hydrated:** Drink water 30 minutes before attempting blood draw.
- 2. Have warm hands:** Wash hands in warm (not hot) water while rubbing fingertips.
- 3. Increase blood flow:** Windmill arms several times to increase circulation to fingers.
- 4. Select middle or ring finger(s) on side away from the thumb:** Avoid calluses. Do not collect from the pad of finger.
- 5. Massage hand:** Start at the heel of the hand and gently and firmly move down to the puncture site.
- 6. Collect hanging drops instead of scooping the blood with the tube:** This will produce a cleaner sample and avoid spreading blood along your finger.



1 **NOTE:** Place all collection materials on a flat surface to allow for ease of use.

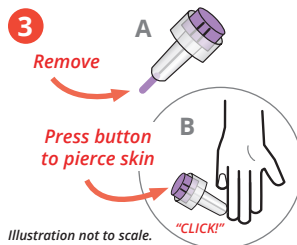


- A)** Complete all sections of the TRF, including patient name, date of birth, date of sample collection, and payment type.
- B)** Thoroughly wash hands, paying special attention to fingertips, in warm water.

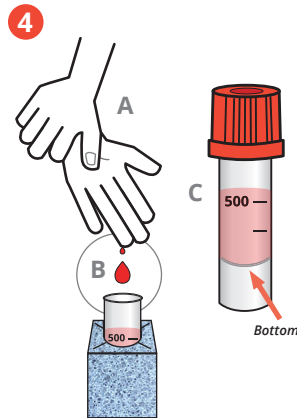


- A)** Unscrew the cap from the blood collection vial and set it aside safely for reuse.
- B)** Insert collection vial into the foam tube holder and place on a flat surface.
- C)** Immediately before collection, wipe one fingertip with alcohol wipe and let it dry completely.

Select middle or ring finger only!



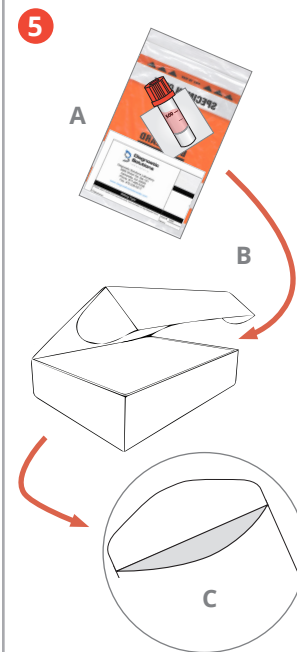
- A)** Using a twisting motion, remove and discard the cap from one lancet.
- B)** While holding the finger below the heart, press the lancet firmly against the cleaned finger. Press the purple button on the lancet once until an audible click is heard. Remove the lancet from the finger.



- A)** With the finger in a downward position over the tube, gently massage from the palm down to the puncture site to maintain blood flow.
- B)** Collect blood drops in the vial. Ensure that blood is falling to the bottom of the vial and not collecting on the sides.
- C)** **A minimum of 500 µl of blood must be collected for IgG, IgE testing, or IgE/IgG combined testing.[‡]**
- After collection, *press and twist cap* onto the top of the vial to secure it for shipping. Keep specimen at room temperature. **DO NOT CHILL** the collected specimen! Foam block may be discarded before shipping.

‡ IMPORTANT: If the required specimen amount cannot be collected, contact customer service for alternate instructions.

Collection from **different fingers** may be required to collect the necessary volume into the single collection vial. Use a **new lancet** for each puncture and repeat from step 2C — apply a sterile adhesive bandage to each puncture.



On Day of Shipping:

- A)** Place the closed collection vial into the specimen bag and the completed TRF in the document holder of the specimen bag.
- B)** Place the specimen bag with the sample and TRF inside the kit box.
- C)** Place the kit box in the supplied FedEx Clinical Pak and ship to Diagnostic Solutions Laboratory for testing.

Make note of your tracking number found on your shipping label.

NOTE: Please ensure that the shipping label is placed on the designated area, which is clearly marked on the middle of the FedEx Clinical Pak.

Place check mark in the square labeled "Exempt Human Specimen" on the back of the FedEx Clinical Pak.



See additional shipping instructions on the reverse side of this page. → → →

Do Not Freeze or Chill Collected Sample. Ship sample on the same day or the next calendar day of collection. Sample must be kept at room temperature and shipped Monday to Thursday.

